

LADIES BEWARE

SELF-DEFENSE SEMINAR JUST FOR WOMEN

DON'T BE A VICTIM!!!!

Join our seminar for some simple yet effective hand to hand combat techniques against a variety of attacks. These techniques will give you the confidence to handle yourself in a confrontational situation, as well as a sense of awareness in this crazy world.

Instructed by:

Professor Rodney Smith an 8th Degree Black Belt with experience in military combat training & Sean Tinsley a Black Belt in Modern Vee Jitsu.

Wed. 8pm - 9pm Sat. 11am - 12pm
8 classes for Only \$58.00

A portion of the proceeds will be donated to Safe Space Foundation.



**NEXT LEVEL MARTIAL
ARTS ACADEMY**

Betty T. Ferguson
Recreational Complex
3000 NW 199th St.
Miami Gardens, FL. 33056
305.761.0473

